



2009-10 Wrestling Schedule

DATE	DAY	OPPONENT	LOCATION	TIME	DIS.	DEPT.	WI
11/16	Monday	1st day of practice	Wrestling Room	3:00P			
12/5	Saturday	Jamboree	Darrington HS	10:30A		7:00A	
12/10	Thursday	DD/Tenino, Rainier	Tenino HS	TBA			
12/12	Saturday	Othello Tournament	Othello HS	10:00A			8:00A
12/14	Monday	Cascade Christian	Cascade Christian	7:00P		4:30P	
12/18	Friday	DD/Concrete, Fri Har	Tacoma Baptist	5:00P			4:00P
12/19	Saturday	Down River Challenge	Wahkiakum HS	TBA			
1/2	Saturday	Bash at the Beach	North Beach HS	10:00A		5:30A	
1/7	Thursday	DD/Darring/La Con	LaConner HS	TBA			2:00P
1/9	Saturday	Open					
1/11	Monday	Open					
1/16	Saturday	Foss Tournament	Foss HS	9:00A?		7:00A	7:30A
1/18	Monday	Chief Leschi (Duel)	Chief Leschi	6:00P		4:30P	5:00P
1/21	Thursday	DD/Concrete/Fri Har	Friday Harbor	TBA			
1/23	Saturday	Raymond Tournament	Raymond HS	10:00A		5:30A	8:00A
1/28	Thursday	DD/Darring/La Con	Chief Leschi	TBA			
1/30	Saturday	Timberline Tournament	Timberline HS	9:30A		7:00A	
2/6	Saturday	District Tournament	Concrete HS	TBA			
2/13	Saturday	Regionals	TBA	TBA			
2/19-20	Fri/Sat	State	Tacoma Dome	TBA			

Bold, Underlined/Italicized: North Schedule

Head Coach: Ken Alford Ass't Coach: Mike Herdle

Cheer Coach: Becky Narayan Ass't Cheer Coach:

Cheerleaders: McKinzie Chastain, Taylor Eldore, Destiny Greenwood, Claire Hamlin, Danielle Huse, Joelle Irving, Kiley Klausmann, Kelsey Lyons, Bethany Petinglay, Hannah Powell, Taitum Ridgway, Jeanae Stewart-Jenkins, Jessica Vitzthum, Carina Wolf, Sara Yazdi

Athletic Director: Mark Smith

Principal: Dave Rehnberg

Superintendent: Debbie Schindler

Revised: 10/28/09